



# NEWSLETTER | LAS ALAS

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## Our Mission

Casa de los Angeles is a community of caring people who gather to nurture children, serving the needs of the less fortunate, treating each person with dignity and respect as they work to make a better life for themselves. It is located in San Miguel de Allende, Guanajuato, Mexico, and was founded on September 18, 2000.

Have you gone to GoodSearch yet? We would be most grateful!!!

**GoodSearch**  
You Search or Shop...  
We Give!

Use **GoodSearch** as your search engine and you can help Casa de los Angeles. Go to [www.goodsearch.com](http://www.goodsearch.com) and type in Casa de los Angeles as your charity. The pennies will add up! **GoodSearch** can also be used to earn money for Casa de los Angeles when you shop online. What a great and easy way to help!

Join us on **FACEBOOK**.

## Joe Casa runs the Chicago Marathon!



*On Sunday, October 9, 35 special runners took to the streets of Chicago to run the marathon in the name of Casa de los Angeles. We are grateful to all who ran and to all those who supported our runners. Here is just one of our runner's stories . . .*  
**Joe Kula.**

It was quite an emotional feeling to have completed the Chicago Marathon. It's hard to describe the feeling of accomplishment, but if any of you have done this, you know what I mean. The Chicago Marathon is a great event. There were 45,000 runners and an estimated 2 million spectators along the streets of Chicago. Imagine people lined 10 rows on the sidewalks yelling and screaming almost the entire race! There were bands playing, cheerleaders, people spraying runners with water and many signs of encouragement. In some cases the signs were funny. For example, "Only 25 Miles to go", "Go Strangers Go", "Worst Parade Ever", and "Smile Your Not Wearing Underwear". It kept me laughing along the way. I wrote my name on my shirt, but used "Joe Casa", since I was running for Casa de Los Angeles. Many people cheered for Joe Casa, like the Chicago police officer near the end of the race who said, "You can do it Joe Casa, I'll be waiting to have a beer with you." Running through the ethnic neighborhoods was really fun. The Dragon Dancers at mile 21 in Chinatown was a spectacle, in the Mexican neighborhood instead of water, Gatorade or bananas, they were passing out tamales, and of course, beer was being handed out to runners at an Irish pub.

A man from Kenya won the race in record time and a girl from Russia won for the third time in a row. Sadly, a 35 year old firefighter had a heart attack and died 500 yards from the finish line. A 27 year old woman gave birth hours after finishing the race. Personally, I was feeling good at the half way mark, but at mile 15, started cramping in both calves. I started thinking about stopping, and just saying it was a good try. Just then, I heard someone say "Hey Dad", and my son who had traveled from Seattle, to cheer me on, stepped on the race course and said he would finish running the race with me. We walked, we ran and stopped several times so he could massage my calves with Bio Freeze. If anyone ever considers the challenge of a Marathon for the first time, I would recommend running with a Chiropractor. I won't mention my final time, but just to say that a man dressed as Superman, another dressed as Batman, Elvis, a blind gentleman, a bare foot runner and a man with a prosthetic leg all passed me. But I finished!!

Finally, and most importantly, I want to thank all of you for sponsoring me and helping the kids and moms of Casa de Los Angeles. Thanks to you I did break a record . . . for most donations ever for the Casa Marathon event! Gracias to all of you!

*Editor's note: Those of you who forgot to send in your marathon donation, can still do it.*

Go to <http://marathon.casadelosangeles.org/> and select your runner.

Join us on FACEBOOK.

# Look what our kids have been up to!

September is a great month for celebrations here in Mexico and our kids don't miss a minute of it. AND, thanks to volunteer **Elias Torres** we have some great pictures to share with you.

El Grito (the shout) for Independence is a great day to dress up like little revolutionaries. On September 16 we celebrated with costumes . . . that's Miguel Hidalgo on the upper right . . . food, dancing and lots of shouting. ¡VIVA MEXICO!!!!!!

Then, on September 29, we celebrated the Feast of San Miguel Arcangel . . . the patron of our town. The tradition includes lots of Indians dancing. So that's what we are doing in the pictures on the left. We had fun making our costumes, playing instruments and dancing until we could dance no more!!!



## Thirty-one years

During the month of October Casa de los Angeles was proud to honor and thank three people for their years of service on our Board of Directors. **Robert Signorella** gave 11 years to Casa de los Angeles, from the very foundation of our work. **Bob and Maryann True** were with us for ten years. That's a combined total of 31 years! Thank you all so very much!

*If there is anyone out there who would be interested in joining the work of our board of directors contact our Vice-President, Jason Hirsch at [jasonjhirsch@gmail.com](mailto:jasonjhirsch@gmail.com)*



Yoga with Katherine Fisher  
Sagrada Wellness Center  
for the benefit of the children  
of Casa de los Angeles

Saturday, November 5, 2011  
10:30AM  
call for a ride or directions 154-0832

## Thank you Knights

During October we were able to officially thank the **Knights of Columbus St. Irene Chapter** (Warrenville, IL) for ten years of support. When these generous men heard of Casa de los Angeles they immediately became involved by making sure our kids have fruit snacks every day! Gracias, Knights!



For those living in San Miguel